



the low energy building system

'exceed your  
**energy performance levels**'



[www.thermohouse.co.uk](http://www.thermohouse.co.uk)



## 'discover the better way to build'

### Welcome to Thermohouse

**Thermohouse** is one of the highest quality low energy building system available in Europe today. Thermohouse is an innovative modern method of construction, which combines the inherent strength of concrete with the excellent insulation properties of polystyrene to produce a highly cost-effective, durable home with an unsurpassable living environment.

The Thermohouse low energy building system is produced in our state of the art factory in Killarney, Co. Kerry, Ireland.

Thermohouse is part of the MC Group and has received European Technical Approval (No. ETA-09/0083) together with Irish Agreement Board Certification (080310/100349), LABC Certification and UAE Certification. Thermohouse guarantees a superior airtight insulated home for future living. The Thermohouse building system is suitable for the construction of residential, commercial, institutional, industrial properties and is certified for up to 6 storeys.

Whether you are building your own home or are an industry professional, our highly experienced team at Thermohouse will offer you a complete estimating service with guaranteed support on any queries you may have.

We invite you to visit our website [www.thermohouse.co.uk](http://www.thermohouse.co.uk) for access to our technical details.

Signed

Michael Cronin



# Why thermohouse is great for you

## Greater Energy Rating (EPC)

Thermohouse can achieve an "A" rated to passive standard, the highest performance rating today.

## Greater Reduction on heating bills

The complete Thermohouse system can produce a considerable amount of savings on heating bills compared to traditional builds.

## Greater Sound Insulation

Superior sound insulating performance from the outside environment

## Greater Design Opportunities

The Thermohouse system consists of lightweight materials which are easy to transport and install. The flexibility of the system encourages creative & innovative designs with considerable reductions on construction time.

## Greater Durability

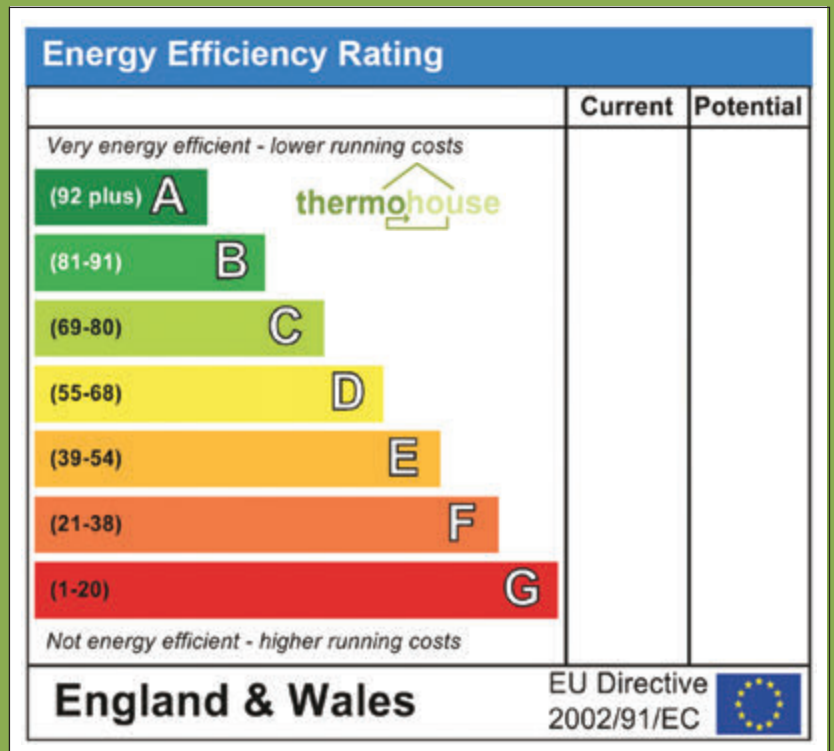
Long lasting, maintenance free, superior steel reinforced concrete structure with a lifetime guarantee, no rust, no rot, no leaks, no draughts, no mould, and no condensation.

## Greater Fire Safety

Increased protection against fire, with greater fire resistance.

## Greater Re Sale Value

Ensuring Premium financial security and return on the re sale of your home.





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## Environment

The materials manufactured by Thermohouse are environmentally sustainable and are an efficient use of natural resources. A reduction of the carbon footprint can be achieved by using up to 50% GGBS (ECO friendly cement). The high thermal mass of the concrete means more "fabric energy storage". There is minimal waste during construction and any waste is recyclable. The manufacture and the use of the Thermohouse building system does not generate any risk to your health or to the environment.

## Airtightness

The Thermohouse low energy building system provides an airtight thermal envelope and eliminates any cold bridging. The Thermohouse system allows for an improved pressure test for air leakage. The high quality airtightness that the Thermohouse thermal envelope offers will also allow for continuous energy saving over the life span of the building. When installed correctly, the Thermohouse building system can achieve less than 0.050 AC-HR (Passive Standard).

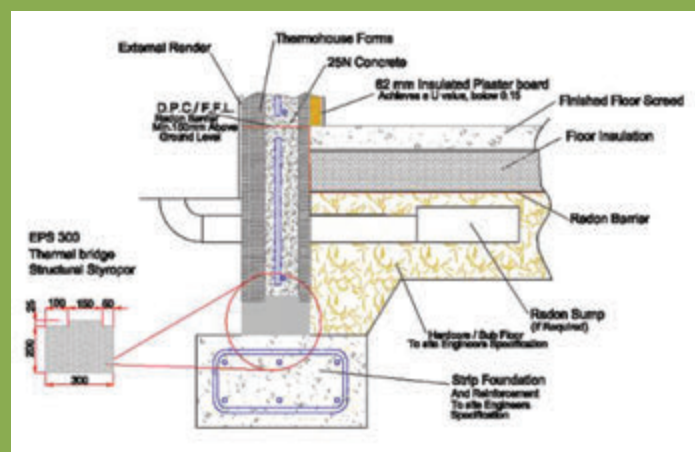
Requirement	Thermohouse Standard
Building Fabric	Elemental U Values (W/m <sup>2</sup> K)
1. Pitched Roof - Insulation at Ceiling	0.15
2. Pitched Roof - Insulation on Slope	0.15
3. Flat Roof	0.15
4. Walls	0.195
5. Ground Floors, Underfloor Heating	Thermoboard 0.12
6. Other Exposed Floors, Underfloor Heating	Thermoboard 0.12
7. External Doors, Windows & Rooflights	Tripled Glazed Windows & Doors
Airtightness	Less than 2m <sup>3</sup> /hr/m <sup>2</sup>

U-Values under the Thermohouse Low Energy Building System.

## Foundation Thermal Barrier

### Foundation Thermal Barrier

Thermohouse Ltd also offers a foundation thermal barrier. This thermal barrier eliminates cold bridging where the dead work meets the foundation. When used in conjunction with a Thermohouse building system, all thermal bridges can be avoided. Manufactured from a high density polystyrene this insulation barrier can achieve u-values up to passive standard and is modeled to work with the Thermohouse block-work.



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The Thermohouse wall forms, part of the low energy building system, are state of the art high density expanded polystyrene (EPS) elements with the inner and outer insulation leaves locked with galvanised steel bridges. It provides a very solid structure for the installation of the steel reinforced concrete and a high quality thermal envelope with no cold bridging.

## Thermohouse - 250 Standard Element Internal Load Bearing Wall

1200 x 250 x 250  
50 - 150 - 50

## Thermohouse - 300 Standard Element External Wall

1200 x 250 x 300  
100 - 150 - 50  
U Value + 0.20W/m<sup>2</sup>K

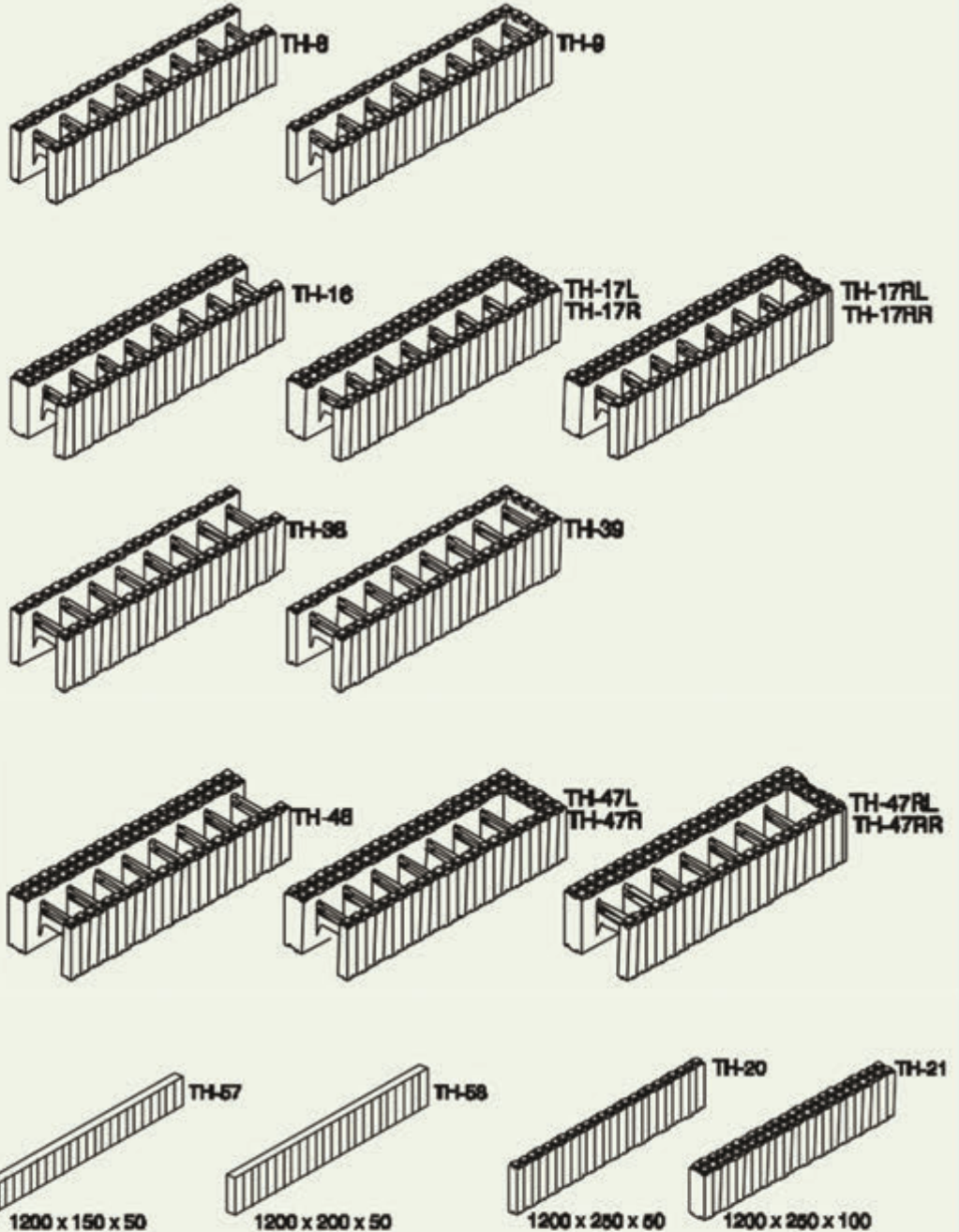
## Thermohouse - 300 Standard Element Party Wall

1200 x 250 x 300  
50 - 200 - 50

## Thermohouse - 350 Standard Element External Basement Wall

1200 x 250 x 350  
100 - 200 - 50  
U Value + 0.20W/m<sup>2</sup>K

## Lintel Inserts and Special Elements



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Thermohouse ICF Rising Walls / Dead Work



ICF Curved Wall Construction



Concrete pour to ICF Walls



Concrete pour to ICF Walls

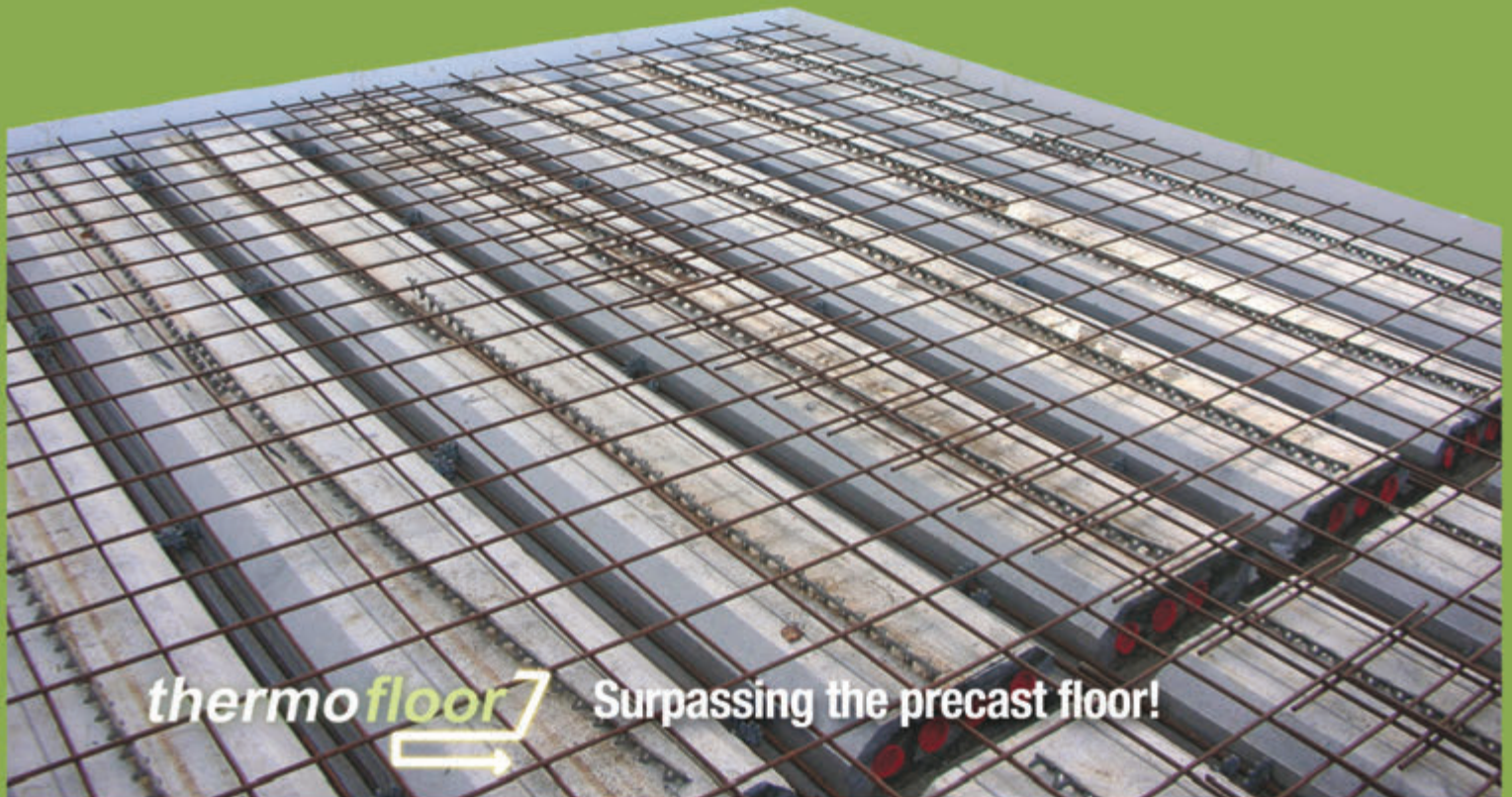


Two Storey Construction



First Floor Dormer Window and Gable Wall Construction

# thermofloor



thermofloor

Surpassing the precast floor!

When installed, the unique flooring system from Thermohouse, part of the low energy building system, is less than half the weight of hollowcore precast floors, but also provides the same load capacity. A superior end product with excellent insulation properties, at a competitive price, installed in record time!!

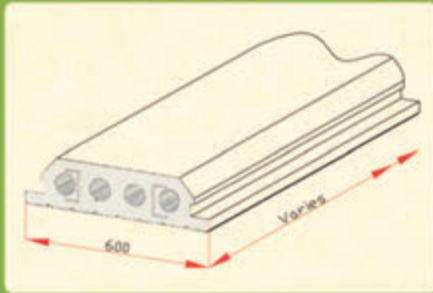
- Lightweight, ease of use, results in a considerable time reduction for the installation.
- Offers improved control of the thermal insulation and air tightness between floors.
- Customised cut to length panels that can span up to 8 metres or more.
- No need for shuttering or lifting cranes.
- Excellent noise reduction which acts as an additional sound barrier between floors.
- Clean sites, no waste or messy wet trades required.
- Unique design with channels for service and ventilation, eliminating cold bridging.
- Cold and wet weather does not interfere with construction.
- Installation in complete safety.

part of the  
**thermohouse**  
range

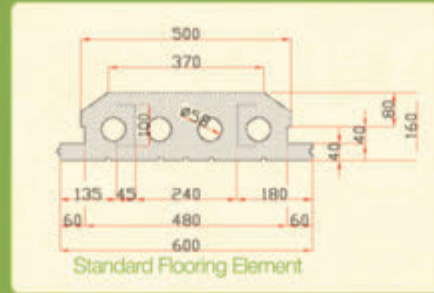
Part of the  
**MGROUP**  
Michael Cronin Readymix

# thermofloor

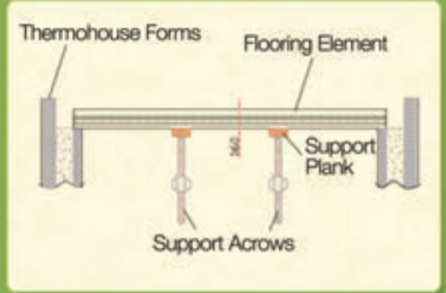
## Flooring Element



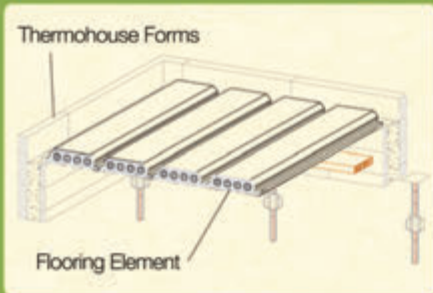
## Flooring Element Cross Section



## Flooring Element Placement



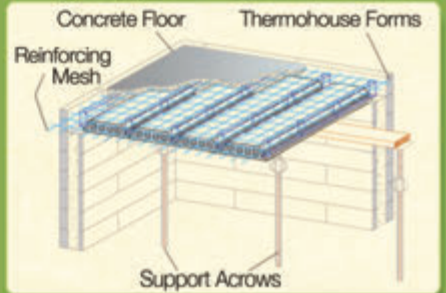
## Flooring Element Laying



## Flooring Element Reinforcement



## Flooring Element Concrete Floor



### Thermohouse Floor Type Th-160

#### Steel Requirement

Span(m)	Concrete Depth 100mm	Concrete Depth 150mm
	Live Load 2.5KN Screed 1.0KN	Live Load 2.5KN Screed 1.0KN
2.0	2T8	2T8
3.0	2T8	2T8
4.0	2T10	2T10
5.0	2T16	2T12
6.0	2T20	2T16
7.0	2T20	2T20

### Thermohouse Floor Type Th-210

#### Steel Requirement

Span(m)	Concrete Depth 100mm	ConcreteDepth 150mm
	Live Load 2.5KN Screed 1.0KN	Live Load 2.5KN Screed 1.0KN
2.0	2T8	2T8
3.0	2T8	2T8
4.0	2T10	2T10
5.0	2T12	2T12
6.0	2T16	2T16
7.0	2T20	2T16
8.0	-	2T20

For loads and spans outside of the above table, contact our technical office.

# thermofloor



Typical Floor Installation



Typical Floor Installation with insitu beam



Shuttering to edge of floor and concrete pour

Improve your Energy Rating

with

**thermoroo**

**Ideal for use with any Building System**



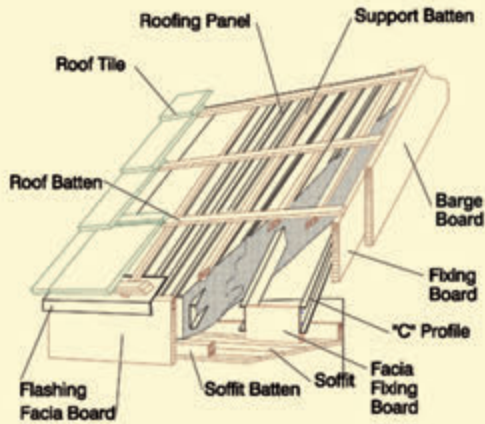
**Setting New Performance Standards -**

**Thermoroo = U Value 0.15 – Meets Passive Standard**

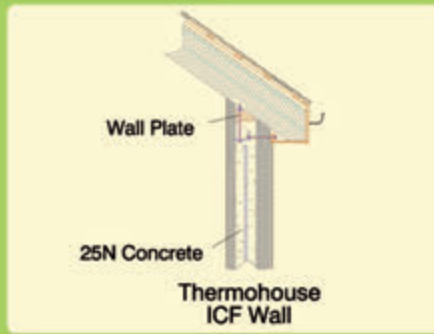
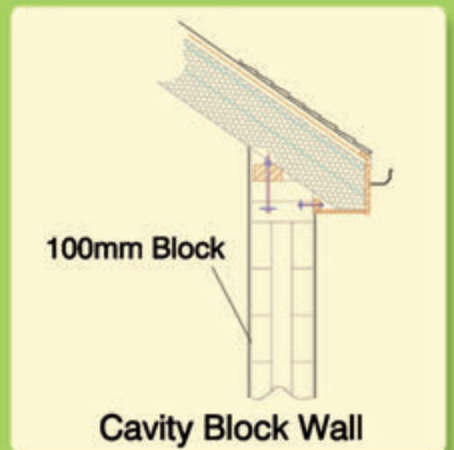
The Thermohouse Roof System panel, part of the low energy building system, is a highly insulated panel supported by two steel C-Sections to take all design loads. Its unique structural strength, ease of installation and excellent insulation properties enables the occupier to benefit from a superior airtight system with considerable savings on energy bills.

- U-Value of 0.15 which substantially exceeds current Building Regulations and also meets **passive standard**
- Fast, versatile and easy to install.
- Fully insulated attic space which removes the traditional cold space and also eliminates the risk of burst pipes in the attic.
- No roof trusses required which transforms the full attic space into an additional living area.
- Manufactured with two steel C-Sections to take all design loads.
- Designed to takes all types of roof covers, tiles and slates.

# thermoroo*f*



**Thermoroo*f***  
can also be used  
with **Concrete  
block Builds.**



## Table of Maximum Spans for Double Span Roof

Roof Finish	Wind Load Type	ROOF SLOPE					
		10°	20°	30°	40° Span (m)	50°	60°
Slate Roof	Exposure 1	4.06	3.85	3.75	3.73	3.70	3.82
	Exposure 2	3.86	3.75	3.63	3.59	3.54	3.64
	Exposure 3	3.64	3.68	3.54	3.50	3.44	3.52
Tiled Roof	Exposure 1	3.89	3.71	3.64	3.64	3.62	3.75
	Exposure 2	3.84	3.63	3.53	3.51	3.47	3.58
	Exposure 3	3.75	3.57	3.45	3.42	3.38	3.47

# thermoboard

the underfloor energy saver

Thermoboard is manufactured from expanded polystyrene (EPS) in a variety of thicknesses to achieve U-Values up to  $0.12\text{w/m}^2\text{k}$ . The Thermoboard panels have an overlap on all joints which enables them to lock together during installation.

## Benefits of using Thermoboard in underfloor heating requirements

- Current Building Regulation Part L 1.3.2.2 requires floors to have a u value of  $0.15\text{w/m}^2\text{K}$  when installing UFH
- Thermohouse offers a single 180mm Insulation board, u value  $0.15\text{w/m}^2\text{K}$ , with 16mm and 20mm pipe retainers for UFH
- Piping can be laid at 150mm, 225mm and 300mm centres
- Rail fix and clips no longer required
- Polythene sheet is no longer required

### Technical Information

Thermal Conductivity	0.030W/mK
Maximum Compression	Compression of 10%
U Value	0.12 for 225mm board 0.15 for 180mm board 0.33 for 100mm board 0.45 for 80mm board 0.68 for 60mm board
Panel Thickness	60 - 225mm
Type	EPS



Thermoboard

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## Sample Completed Constructions



Community Residential Centre



Housing Estate



Hostel Extension



Private Dwelling



Visitors Centre

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Private Dwelling

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Private Dwelling



**address:**  
CDS House,  
8 Concord Business Park,  
London, W3 0TR

**enquiries:**  
tel: +44 (0) 207 784 2075  
mob: +44 (0) 787 176 4893

**sales direct:**  
[sales@thermohouse.co.uk](mailto:sales@thermohouse.co.uk)  
[www.thermohouse.co.uk](http://www.thermohouse.co.uk)

